



**October 21-22, 2019**

**FREE 2 DAY TRAINING**

8:30am-4:30pm

**eCPR**

Contact Cathedra Winston  
for additional information:  
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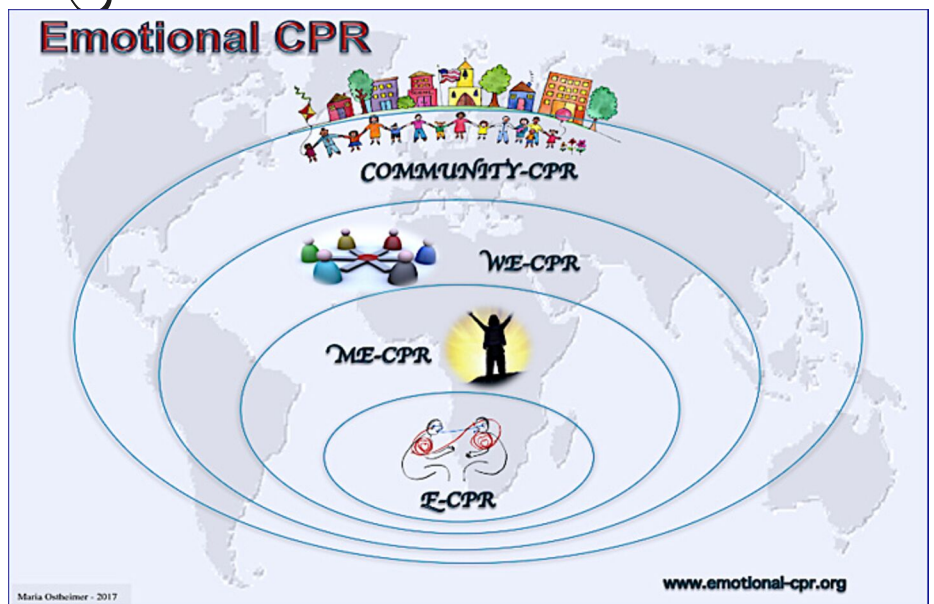
Emotional CPR (eCPR) is a public health educational program designed to teach people to assist others through an emotional crisis by three simple steps:

- C=Connecting
- P=emPowering
- R=Revitalizing



[www.surveymonkey.com/r/C5BYHR3](http://www.surveymonkey.com/r/C5BYHR3)

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